

JHS BASEBALL CALENDAR MAY 2023

SUN	MON	TUE	WED	THU	FRI	SAT	
		01	02	03	04	05	06
07	08	09	10	11	12	13	
14	15	16	17	18	19	20	
21	22	23	24	25	26	27	
					Miners 16U-Five Tool Baseball TBA		
28	29	30	31				
Miners 16U-Five Tool Baseball TBA	Miners 16U-Five Tool Baseball TBA	Weights and Speed Development 9:30-11:30	Weights-9:30-10:30 Baseball Contact Day 10:30-12:00 8 on 8 TBA				

JUNE

SUN MON TUE WED THU FRI SAT

						01	02	03
					Weights and Speed Development 9:30-11:30	Miners 16U and 18U-Hoat MSSU Lions Classic TBA	Miners 16U and 18U-Hoat MSSU Lions Classic TBA	
04	05	06	07	08	09	10		
Miners 16U and 18U-Hoat MSSU Lions Classic TBA	Weights-9:30-10:30 Baseball Conditioning-10:30-12:00	Weights and Conditioning 9:30-11:30	Weights-9:30-10:30 Baseball Contact Day 10:30-12:00 8 on 8 TBA	Weights and Conditioning 9:30-11:30	Miners 16U and 18U-HOAT AABC Regional Showcase	Miners 16U and 18U-HOAT AABC Regional Showcase		
11	12	13	14	15	16	17		
Miners 16U and 18U-HOAT AABC Regional Showcase	Weights-9:30-10:30 Baseball Conditioning-10:30-12:00	Weights and Conditioning 9:30-11:30	Weights-9:30-10:30 Baseball Contact Day 10:30-12:00 8 on 8 TBA	Weights and Conditioning 9:30-11:30	Miners 16U and 18U-HOAT Rt. 66 Showcase	Miners 16U and 18U-HOAT Rt. 66 Showcase		
18	19	20	21	22	23	24		
Miners 16U and 18U-HOAT Rt. 66 Showcase	Weights-9:30-10:30 Baseball Conditioning-10:30-12:00	Weights and Conditioning 9:30-11:30	Weights-9:30-10:30 Baseball Contact Day 10:30-12:00 8 on 8 TBA	Weights and Conditioning 9:30-11:30	Weekend Off	Weekend Off		
25	26	27	28	29	30			
Weekend Off	Weights-9:30-10:30 Baseball Conditioning-10:30-12:00	Weights and Conditioning 9:30-11:30	Weights-9:30-10:30 Baseball Contact Day 10:30-12:00 8 on 8 TBA	Weights and Conditioning 9:30-11:30	Miners 16U and 18U-Firecracker Showcase			

JULY

SUN MON TUE WED THU FRI SAT

01

Miners 16U and
18U-Firecracker
Showcase

02

Miners 16U and
18U-Firecracker
Showcase

03

Dead Week-No
Team Activities

04

Dead Week-No
Team Activities

05

Dead Week-No
Team Activities

06

Dead Week-No
Team Activities

07

Dead Week-No
Team Activities

08

Dead Week-No
Team Activities

09

Dead Week-No
Team Activities

10

Weights-9:30-10:30
Baseball
Conditioning-10:30-
12:00

11

Weights and
Conditioning
9:30-11:30

12

Weights-9:30-10:30
Baseball
Conditioning-10:30-
12:00

13

Weights and
Conditioning
9:30-11:30

14

15

16

Weights-9:30-10:30
Baseball
Conditioning-10:30-
12:00

17

Weights and
Conditioning
9:30-11:30

18

Weights-9:30-10:30
Baseball
Conditioning-10:30-
12:00

19

Weights and
Conditioning
9:30-11:30

20

21

22

23

Weights-9:30-10:30
Baseball
Conditioning-10:30-
12:00

24

Weights and
Conditioning
9:30-11:30

25

Weights-9:30-10:30
Baseball
Conditioning-10:30-
12:00

26

Weights and
Conditioning
9:30-11:30

27

28

Begin MSHSAA
Dead Period July
29-August 6

29